

Hope Control and Choice; North Yorkshire Mental Health Strategy: Key Achievements...

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Commissioning
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Providers of Mental Health Services in North Yorkshire from October 2015

Services provided by North Yorkshire County Council

Team	Service
Adult Social Care	<ul style="list-style-type: none"> • Commissioning, funding and contracts for social care support such as day time activities, support groups • Approved Mental Health Practitioners, and Mental Health Act assessments and reports • Care Act Assessments and personal budgets • Short term Recovery Workers • Community Support Officers • Supported Employment service
Children and Young People's Services	<ul style="list-style-type: none"> • Commissioning, planning and service provision for children and young people's education and support • Early years support • Education services, • Looked after children, • Support for disabled children and their families, • Youth justice
Public Health	<ul style="list-style-type: none"> • Surveillance and assessment of the population's health and wellbeing • Assessing the evidence of effectiveness of health and healthcare interventions, programmes and services • Policy and strategy development and implementation • Strategic leadership and collaborative working for health • Public Health Intelligence • Commissioning, funding and contracts for Health Improvement services – including public mental health, suicide prevention, stop smoking; drugs and alcohol; lifestyle and weight management

Services provided by NHS Organisations

Organisation	Service
<p>Clinical Commissioning Groups (see map):</p> <ul style="list-style-type: none"> • Hambleton, Richmondshire and Whitby • Harrogate and Rural District • Scarborough and Ryedale • Vale of York • Airedale, Wharfedale and Craven • Cumbria 	<ul style="list-style-type: none"> • Commissioning community and secondary mental and physical health services • Provision of primary health services
<p>Community and secondary Mental health services:</p> <ul style="list-style-type: none"> • Tees Esk Wear Valley NHS Trust (for Hambleton Richmondshire and Whitby, Harrogate and Rural District, Scarborough and Ryedale and Vale of York) • Bradford District Care Trust for Craven 	<ul style="list-style-type: none"> • Talking therapies, early intervention, crisis intervention, community health teams, in-patient beds for all ages • Child and Adolescent Mental Health Services • Psychiatric liaison in-reach to acute hospitals
<p>Acute And Community Health Trusts:</p> <ul style="list-style-type: none"> • South Tees • York and Scarborough • Harrogate • Airedale 	<ul style="list-style-type: none"> • Acute health services
<p>NHS England</p>	<p>Specialised services including:</p> <ul style="list-style-type: none"> • Secure and forensic series • Tier 4 services for Child and Adolescent Mental health and Personality Disorders • Gender Identity • Services for those with serious perinatal problems; • Eating disorders • Services for the deaf

Key Achievements: 2016/17

Service Areas	What we have done:	Achievements / Expected benefits
Public Health:	Public health have awarded grants to organisation across the county to roll out of instructor training around Mental Health First Aid (MHFA) and Assist training which is part of suicide prevention strategy.	<ul style="list-style-type: none">➤ 7 new MHFA trainers in North Yorkshire➤ 10 new ASIST trainers in North Yorkshire➤ 6 ASIST courses delivered (83 participants)➤ 5 MHFA courses delivered (108 participants (total = 191))➤ Overall aim is that MHFA/ASIST training will be delivered to 700 individuals across the county
Public Health	In May 2017, the public health team commissioned an organisation to develop an evidence based campaign to promote mental health promotion techniques including the 'Five Ways to Wellbeing'.	

Key Achievements: 2016/17

Service Areas	What we have done:	Achievements / Expected benefits
Children & Young People	<p>The School Mental Health and Wellbeing Service is now in place and being delivered by Compass REACH. The service aims to provide support to schools to develop a whole school approach to positive mental health by delivering tiered training to school staff and key partners, followed up by expert professional consultation, coaching and mentoring to education staff on the use of brief interventions and targeted group work.</p>	<p>Commissioned a schools Wellbeing Worker project to cover all of North Yorkshire. The project will improve early identification and improve access.</p>
Children & Young People	<p>Eating disorder offer (FiM funded), delivered by CAMHS service.</p> <p>Initiated to reshape specialist education provision for SEMH</p> <p>A DfE strategic plan for specialist education provision & improved outcomes for children with SEMH difficulties</p>	<ul style="list-style-type: none"> - will bring access and waiting times in line with national expectations. - To build a support team around schools that can prevent exclusion and improve outcomes for children and young people with SEMH difficulties.

Key Achievements: 2016/17

Service Areas	What we have done:	Achievements / Expected benefits
<p>Health – CCG</p> <p>Improving Access to Talking Therapies</p>	<p>Work on developing IAPT (Increasing Access to Psychological Therapies) services,</p> <p>Harrogate CCG were successful in bidding for national monies (300K) to implement an IAPT service dedicated to persons with Long term conditions.</p> <p>Harrogate have also been nominated for a national awarded following the introduction of IAPT working in the maternity department at Harrogate Hospital.</p>	<p>All three North Yorkshire CCGs saw an increased performance in IAPT during 2016/17. All CCGs met the prevalence, 6 and 18 week targets. Hambleton, Richmondshire and Whitby CCG and Harrogate CCG met the national recovery target and Scarborough saw their recovery rate increase from the outset of 2016/17.</p>

Key Achievements: 2016/17

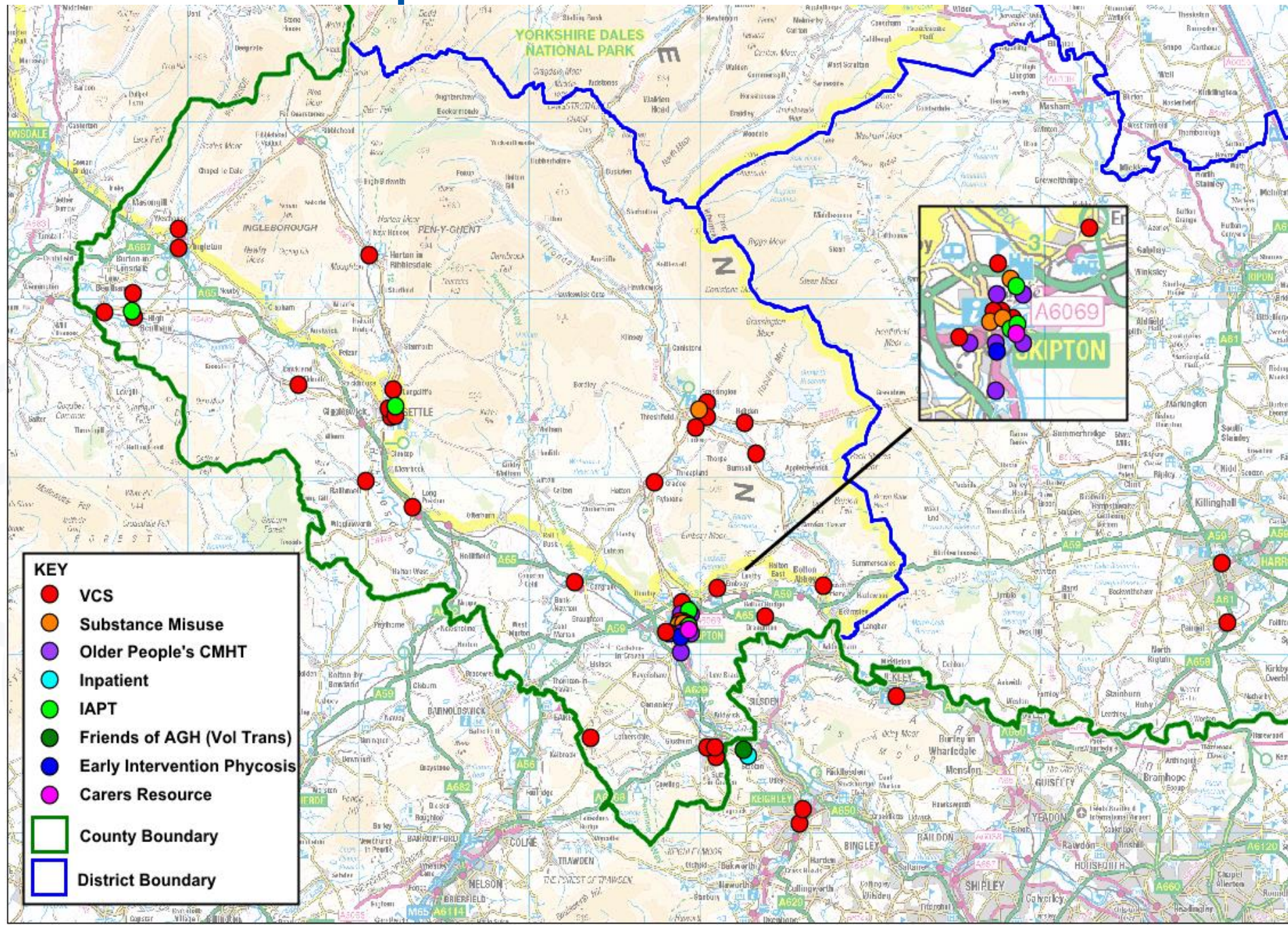
Service Areas	What we have done:	Achievements / Expected benefits
<p>Health – CCG</p> <p>Crisis Care Concordat</p>	<ul style="list-style-type: none"> - TEWV has secured funding through the Tier 4 vanguard with an on-going commitment to support the delivery of crisis response and intensive home treatment for children and young people in North Yorkshire and York. - Vale of York Clinical Commissioning Group have successfully bid to receive funding of £498K from NHS England to bolster liaison mental health services so that they can deliver prompt access to care 24/7. - North Yorkshire Police has awarded £9.5K to the Major Incident Response Team to develop further capacity and capability in MHFA and ASIST. - CCC group is looking at 136 information sharing between partners, availability of Section 12 doctors, AMPs and issues relating transport. 	<p>Access to support before crisis point - making sure people with mental health problems can get help 24 hours a day and that when they ask for help, they are taken seriously.</p> <p>Urgent and emergency access to crisis care - making sure that a mental health crisis is treated with the same urgency as a physical health emergency.</p> <p>Quality of treatment and care when in crisis - making sure that people are treated with dignity and respect, in a therapeutic environment.</p> <p>Recovering and staying well - preventing future crises by making sure people are referred to appropriate services.</p>

Key Achievements: 2016/17

Service Areas	What we have done:	Achievements / expected benefits
<p>Social Care</p> <p>Innovation Fund</p>	<p>The fourth round of Innovation Fund has awarded grants for delivery of 9 early intervention and prevention projects, including 6 which are specifically targeted towards mental health.</p>	<p>Projects will be evaluated later this year on the following outcomes:</p> <ul style="list-style-type: none"> - Reduction in social isolation/loneliness - Increase participation of physical activity - Increase reporting of wellbeing & independence
<p>Social Care</p> <p>Mental Health Review</p>	<p>Social Care offer is part of the integrated delivery arrangement with health. A strategic review of HAS mental health services will begin in July 2017. This will include HAS in-house services and commissioned services</p>	<ul style="list-style-type: none"> - The aim is to ensure there is a NY distinct social care mental health offer which meets local needs and is based on prevention and recovery.

Craven Mental Health Locality Plan

Craven Virtual Map: Current distribution of services



Mental Wellbeing Strategy: Bradford District & Craven

Hope

Empowerment

Support

Appendix 1: Strategic priorities, strategic outcomes, strategic commitments and enabling priorities

Our strategic priorities

Our wellbeing	Our mental and physical health	Care when we need it
We will build resilience, promote mental wellbeing and deliver early intervention to enable our population to increase control over their mental health and wellbeing and improve their quality of life and mental health outcomes.	Mental health and wellbeing is of equal importance with physical health. We will develop and deliver care that meets these needs through the integration of mental and physical health and care.	When people experience mental ill health we will ensure they can access high quality, evidence based care that meets their needs in a timely manner, provides seamless transitions and care navigation.

Strategic outcomes

People in Bradford district and Craven will:

- ✓ be supported to recognise and value the importance of their mental wellbeing and take early action to maintain their mental health through improved prevention, awareness and understanding;
- ✓ enjoy environments at work, home and in other settings that promote good mental health and improved wellbeing;
- ✓ experience seamless care and have their physical and mental health needs met through services that are integrated and easily accessible;
- ✓ reach their maximum potential through services which are recovery focused, high quality and personalised and which promote independence;
- ✓ expect support to be commissioned and delivered in a way which leads to increases in efficiency and enables transformation of care through reinvestment.

Hope Control and Choice: North Yorkshire Mental Health Strategy

The outcomes we want to see within the three priority areas

(1) Resilience:
individuals, families and communities with the right skills, respect and support

- 1.1 Support for family, friends and carers embedded in all services
- 1.2 Better public understanding and acceptance of mental health issues
- 1.3 Greater Investment in prevention and early intervention for children and adults
- 1.4 More services and activities led by communities themselves
- 1.5 Reduced impact of rural isolation on mental health
- 1.6 Better partnership working, especially with the voluntary and independent sectors

(2) Responsiveness:
better services designed in partnership with the people who use them

- 2.1 Timely diagnoses for all conditions, especially dementia
- 2.2 Better services for those experiencing a mental health crisis
- 2.3 Greater access to talking therapies
- 2.4 Better transitions between services, eg children to adults
- 2.5 Better services for vulnerable groups, eg students, military families, veterans, those detained under the Act etc
- 2.6 Better services for those with mental health and substance misuse needs
- 2.7 Better Advocacy Services

(3) Reaching out:
recognising the full extent of people's needs

- 3.1 Better understanding of the links with physical health, leading to dual diagnoses
- 3.2 Improved support for people with mental health needs to gain/maintain employment
- 3.3 Improved support for people with mental health needs to gain/maintain housing
- 3.4 More volunteering and other activities to promote wellbeing
- 3.5 Safeguarding fully embedded in all partners' practices

Craven Mental Health Locality Plan 2016/17

Locality Priorities	What we will do
1. Improving access to Talking Therapies	<ul style="list-style-type: none">- Improve access for priority groups; older people, people with Long Term Conditions- Improve recovery rate
2. Public Mental Health Programme	<ul style="list-style-type: none">- Ensure the work relating to Mental Health First Aid, Assist Training and Anti-stigma Campaign benefit Craven
3. Public Health Budgets (PHBs)	<ul style="list-style-type: none">- Review the take up of PHBs from a Craven perspective
4. Better Integration between physical & mental health services	<ul style="list-style-type: none">- Commissioning of Psychiatry Liaison service within general hospitals.- Explore other opportunities
5. Explore the use of technology	<ul style="list-style-type: none">- Explore the feasibility of assistive technology and tele-health within mental health services
6. Social Care Mental Health Offer	<ul style="list-style-type: none">- Health & Adult Service to undertake a strategic review of current services
7. Crisis Care Concordat (CCC)	<ul style="list-style-type: none">- Review current arrangements for Craven

Craven Mental Health Locality Plan 2016/17

Locality Priorities	What we will do
8. Dual diagnosis (mental health and substance misuse): ensure access for people in Craven	<ul style="list-style-type: none">- Review current arrangements for people with dual diagnosis
9. Issues of Rurality & Transport	<ul style="list-style-type: none">- Map current provision across Craven on a visual- Map services that are available for Craven but are provided locally
10. Engagement and participation of people with lived experience and Carers	<ul style="list-style-type: none">- Invite people with lived experience to locality group meetings- Invite voluntary sector rep to locality meetings- Ensure Craven mental health and wellbeing Forum is engaged on service developments
11. Children & Young People	<ul style="list-style-type: none">- Ensure a cohesive early intervention offer Schools wellbeing project to be rolled out
12. Advocacy Services	<ul style="list-style-type: none">- Review current arrangements across Children and Adults
13. Transition between CYP and Adults services	<ul style="list-style-type: none">- Review current arrangements

Next Steps:

- Seek feedback from Craven Mental Health & Wellbeing Forum and other service user groups (July 2017).
- Craven Locality Group will continue to meet and support the implementation of the locality plan.
- Invite people with lived experience of mental health and voluntary sector rep to the locality group.
- Further develop the Craven virtual Map of services.